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INFORMATION DISCLOSURE CITATION
(Use several sheets if necessary)

Docket Number (Optional)

FIRS-2992

Application Number

10/631,279

Applicant(s)

Raniero

Filing Date

7/31/2003

Group Art Unit

2856

U.S. PATENT DOCUMENTS

*EXAMINER INITIAL	REF	DOCUMENT NUMBER	DATE	NAME	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE
RU		6,939,881	9/2005	Pipers			
RU		6,592,502	7/2003	Phillips			

U.S. PATENT APPLICATION PUBLICATIONS

*EXAMINER INITIAL	REF	DOCUMENT NUMBER	DATE	NAME	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE

FOREIGN PATENT DOCUMENTS

	REF	DOCUMENT NUMBER	DATE	COUNTRY	CLASS	SUBCLASS	Translation	
							YES	NO

OTHER DOCUMENTS (Including Author, Title, Date, Pertinent Pages, Etc.)

EXAMINER /Robert J. Utama/

DATE CONSIDERED

11/29/2006

EXAMINER: Initial if citation considered, whether or not citation is in conformance with MPEP Section 609; Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.

INFORMATION DISCLOSURE CITATION IDS - 06/13/2006 <i>(Use several sheets if necessary)</i>				Docket Number (Optional) FIRS-2992		Application Number 10/631,279	
				Applicant(s) Keith A. Ranieri			
				Filing Date 07/31/2003		Group Art Unit 3715	
U.S. PATENT DOCUMENTS							
*EXAMINER INITIAL	REF	DOCUMENT NUMBER	DATE	NAME	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE
U.S. PATENT APPLICATION PUBLICATIONS							
*EXAMINER INITIAL	REF	DOCUMENT NUMBER	DATE	NAME	CLASS	SUBCLASS	FILING DATE IF APPROPRIATE
FOREIGN PATENT DOCUMENTS							
REF	DOCUMENT NUMBER	DATE	COUNTRY	CLASS	SUBCLASS	Translation	
						YES	NO
OTHER DOCUMENTS <i>(Including Author, Title, Date, Pertinent Pages, Etc.)</i>							
RU		Half Marathon Training, Running and Racing...Part Two, Anaerobic Threshold Training. [online]. 3 pages. [retrieved on 8/17/2000]. Retrieved from the Internet:< URL: http://home.sprynet.com/~holtrun/halfmara.htm >.					
RU		BALBACH, Lisa. What is Aerobic Exercise and Why Should I do it? [online]. 2 pages. [retrieved on 8/16/2000]. Retrieved from the Internet:< URL: http://k2.kirtland.cc.mn.us/~balbach1/aeroprtn.htm >.					
EXAMINER /Robert J. Utama/				DATE CONSIDERED 11/16/2006			
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		Applicant(s) Keith A. Raniere	
		Filing Date 07/31/2003	Group Art Unit 3715
*EXAMINER INITIAL	OTHER DOCUMENTS <i>(Including Author, Title, Date, Pertinent Pages, Etc.)</i>		
RU	HIGDON, Hal. Hal Higdon's Marathon Training Guide - Novice Program. [online]. 2 pages. [retrieved on 8/17/2000]. Retrieved from the Internet:< URL: http://www.halhigdon.com/marathon/nprogram.html >.		
RU	HIGDON, Hal. Hal Higdon's Marathon Training Guide - Advanced Program. [online]. 2 pages. [retrieved on 8/17/2000]. Retrieved from the Internet:< URL: http://www.halhigdon.com/marathon/eprogram.html >.		
RU	TUCKER, James A., DC, CCN. Aerobic Exercise. [online]. 3 pages. [retrieved on 8/16/2000]. Retrieved from the Internet:< URL: http://www.jkfa.com/alpub/aerobics.htm >.		
RU	Star Trac Model TR4500 Treadmill. [online] 2 pages. (Product information page) iTreadmills.com™. [retrieved on 11/8/2000]. Retrieved from the Internet:< URL: http://www.itreadmills.com/startrac/tr4500_treadmill.htm >.		
EXAMINER	/Robert J. Utama/		DATE CONSIDERED 11/16/2006
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